



Five Steps to a Farm Safety Plan

THE NETWORK: providing agricultural occupational health and safety information and programs to Saskatchewan farm families since 1988

5 Steps to a Farm Safety Plan

Designing your own Farm Safety Plan does not have to be an onerous task. The following steps may help you. Of course you can use any of the templates that we have provided for you, but if you wish to design one from scratch, that is entirely up to you. Setting up a Farm Safety Plan will give you the confidence to promote farm safety in your farming operation.

1. Make a Commitment

Use the sample commitment provided, or design your own to be more inclusive or specific. Perhaps you have specific mission statements that you want to include. Sign it. Review from time to time as a reminder of your commitment. New workers or family members that may come to help during peak seasons need to be aware of this commitment.

2. Decide what your family and workers need

A Farm Safety Plan can only improve the well-being of your family and workers resulting in improved working conditions. It does not have to be expensive or time consuming and may be very cost effective in preventing costly or disabling injuries.

- Include your family members by asking them what it is they need to be safe.
- Discuss options, workload, and so forth.
- Ask for their input to make the farm a safe place to work.
- Tailgate meetings or during meals is a great time to discuss farm safety.



3. Develop a personalized Farm Safety Plan (FSP)

- Use this guide to work through a plan suitable for your farming operation.
- Fill out this workbook or do it electronically.
- Identify the resources you will need.
- Register for workshops necessary for yourself, family, or workers.
- Record training that you provide to individuals both on and off the farm.

4. Put your plan into action and perform the necessary activities. Examples:

- Attending a workshop or safety training.
- Make a change in the physical environment of your farming operation to reduce hazards.
- Make changes in your farming practice.
- Watch the Sleepless in Saskatchewan DVD (or another safety related video) with your family and workers.
- Fill out the Farm Safety Audit.
- Use the Farm Safety Walkabout with your family and new workers.
- Learn CPR and First Aid.

5. Follow up and revise your plan and activities

- Review your FSP once a year.
- Consider new hazards as your equipment and the seasons change.
- Listen to comments from workers and family.
- Encourage them to continue participating by talking about safe farm practices, putting up posters, and offering affirmation to those who practice safe farming.



Planning to farm safely is not limited to the items on this list. Include in your personalized Farm Safety Plan any other measures you have taken to make your farm a safer work place.

The Network has a large variety of health and safety resources available. Please call **(306) 966-6644** if you would like a copy sent to you, or check out our on-line electronic copies at aghealthandsafetynetwork.usask.ca



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